

## Long Term Management of Hepatitis B

- Hepatitis B is a complex and changing condition.
- **Liver function tests (LFTs) and virus levels should be checked every six to twelve months.** This can be done through your local doctor/GP and should continue for life.
- Your Liver Specialist might advise that you may need other, more regular testing, including ultrasounds. Please follow their instructions.

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### Appointment with our nurse when your baby is nine months old

- Please bring your baby and your baby's blue book.
- Your baby and you will have a blood test to check your hepatitis B levels.
- You will also have a fibroscan test to check your liver. Fibroscan requires two hours fasting, so please do not eat for two hours before your appointment.

## Liver Clinic Contact:

**Liverpool Hospital**  
Clinic 123, (next to Lift C)  
Level 1, Clinical Building  
Elizabeth Street  
Liverpool NSW 2170  
**phone: 0408 698 191**  
(Mon-Fri, 9:00am – 4:30pm,  
excluding public holidays)

**Bankstown Hospital**  
Liver Clinic  
Staff Specialist Suite, Level 3  
Eldridge Road  
Bankstown NSW 2200  
**phone: 9722 7759**  
(Mon-Fri, 9:00am – 4:00pm,  
excluding public holidays)

**Campbelltown Hospital**  
Outpatients, Ground Floor, Therry Road  
Campbelltown NSW 2560  
**phone: 4634 3615**  
**4634 3614**  
(Mon and Thu, 9:00am – 4:30pm,  
excluding public holidays)

developed at Liverpool Hospital  
**[www.gastroliverpool.com.au](http://www.gastroliverpool.com.au)**



**GASTROENTEROLOGY & LIVER**  
LIVERPOOL HOSPITAL



supported by **SWSLHD**  
**Consumer and Community Participation**

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# Managing Hepatitis B in Pregnancy



**Health**  
South Western Sydney  
Local Health District

This brochure aims to help you understand how we care for pregnant women with Hepatitis B (HBV) and their babies. The good news is we can prevent transmission of the virus from a mother to their baby.



### OUR TEAM:

- Liver Specialists



Dr Miriam Levy



Dr Scott Davison

Name: \_\_\_\_\_

Contact: \_\_\_\_\_

- Hepatitis nurses
- Social worker
- Dietitian
- Interpreter

### For Mother

- All mothers who have Hepatitis B are referred to our Liver clinic. Your Antenatal clinic will order blood tests around 20 weeks of pregnancy to help us assess the status of your Hepatitis B.
- If the Hepatitis B level is very high, you will be offered anti-viral tablets to reduce your virus level before your baby is born. This helps prevent transmission of the infection to your baby.
- It is considered safe to take these tablets. They will be started between 28 to 32 weeks of pregnancy. It is important you take your tablets every day and that you continue even after your baby is born and you do not stop these until advised by your Liver Specialist.
- If you were on anti-viral tablets for Hepatitis B during your pregnancy, then you will need regular blood tests for at least 12 months after your baby is born.
- You will also have a blood test and fibroscan when your baby is nine months old. A fibroscan is a test similar to an ultrasound that tells us if your liver is damaged.

### For Baby

#### Vaccination:

- Your baby must receive two injections within 12 hours after birth to prevent Hepatitis B:
  1. a standard Hepatitis B vaccine
  2. Hepatitis B immunoglobulin (HBIG)
- Routine Hepatitis B vaccinations at two, four and six months with your local doctor/GP.

#### Testing:

- Baby should be followed up at approximately nine months of age to check that the Hepatitis B virus has not been contracted, and that the vaccination has worked.

#### Breast feeding:

- It is safe to breastfeed your baby, even if you are on Hepatitis B medication. You may discuss this further with your Liver Specialist and look at the Mothersafe website:  
<http://www.mothersafe.org.au>

