

## CROHN'S DISEASE & ULCERATIVE COLITIS PATIENT SUPPORT WEBSITES, APPS & PROGRAMS

### IBD Resource Kit

#### Australian & International Resources

[www.ibdresourcekit.com.au](http://www.ibdresourcekit.com.au)

### Crohn's & Colitis Australia

1800 138 029 or

<http://www.crohnsandcolitis.com.au/>

### The Gastroenterological Society of Australia (GESA)

[www.gesa.org.au](http://www.gesa.org.au)

### The Gut Foundation

[www.gut.nsw.edu.au](http://www.gut.nsw.edu.au)

### Crohn's & Colitis UK

[www.crohnsandcolitis.org.uk](http://www.crohnsandcolitis.org.uk)

### Crohn's & Colitis Foundation of America (CCFA)

[www.ccfa.org](http://www.ccfa.org)

### The J Pouch Group

[www.j-pouch.org](http://www.j-pouch.org)

### GI Monitor App

<http://www.wellapps.com/>

### Quitline

131 848 or [www.quit.org.au](http://www.quit.org.au)

### Public Toilets

1800 330 066 or [www.toiletmap.gov.au](http://www.toiletmap.gov.au)

### Job Access Advisors

1800 464 800 or [www.jobaccess.gov.au](http://www.jobaccess.gov.au)

### Centrelink: New Start Allowance, Disability Support Pension, Sickness Allowance

[www.centrelink.gov.au](http://www.centrelink.gov.au)

### Dietician

[www.daa.asn.au](http://www.daa.asn.au) or phone 1800 812 942

### Get Healthy: 10 free sessions – via phone

<http://www.gethealthynsw.com.au/get-health-coaching.html>

### Pharmaceutical Company Resources

#### MyHumira (for patients on Humira)

<http://myhumira.com.au/index.php>

#### Janssen 'Where 2 Infuse' (for patients on Infliximab)

<http://www.where2infuse.com.au/>

#### MyIBD (Ferring – Pentasa)

<http://myibd.com.au/>

#### Gut Instinct Program (Aspen – Salofalk)

Enrolment form – fax to (02) 8212 8026

#### Entyvio (Vedolizumab) Patient Information

<https://www.entyvio.com/>